Preventing Early Adversity through Policies, Norms, and Programs

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the issue

1 BILLION CHILDREN EXPERIENCE VIOLENCE ANNUALLY
Early Adversity has Lasting Impacts on Health

- Suicide Attempt
- Peretration
- Revictimization
- Anxiety
- Depression
- Poor Self-rated Health
- Low Life Satisfaction

STIs

1.38 – 3.05

Diabetes
- Cancer
- Liver and Digestive Disease
- Lung Disease

1.25 – 6.86

Smoking
- Unsafe Sex
- Drug & Alcohol Abuse

ACES can have lasting effects on:

Health (obesity, diabetes, depression, suicide attempts, STDs, heart disease, cancer, stroke, COPD, broken bones)

Behaviors (smoking, alcoholism, drug use)

Life Potential (graduation rates, academic achievement, lost time from work)

ACEs have been found to have a graded dose-response relationship with 40+ outcomes to date.

*This pattern holds for the 40+ outcomes, but the exact risk values vary depending on the outcome.
Leading Causes of Death in the U.S. in 2014

1. Heart disease
2. Cancer
3. Chronic lower respiratory diseases
4. Unintentional injuries (accidents)
5. Stroke
6. Alzheimer's disease
7. Diabetes
8. Influenza and Pneumonia
9. Nephritis, Nephrotic Syndrome, and Nephrosis (Kidney disease)
10. Intentional self-harm (suicide)

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Violence Across the Lifespan

- Child Maltreatment
- Bullying
- Youth Violence
- Dating Violence
- Intimate Partner Violence
- Sexual Violence
- War and Other Collective Violence
- Suicide
- Elder Maltreatment

Early Childhood | Adolescents | Adulthood
Role of Public Health in Violence Prevention

ROLE OF CRIMINAL JUSTICE, CHILD WELFARE, SOCIAL SERVICES
Assuring safe, stable, nurturing relationships and environments for all children.
CDC’s Essentials for Childhood Framework

• Raise Awareness and Commitment to Support Safe, Stable, Nurturing Relationships and Environments
• Use Data to Inform Action
• Create the Context for Healthy Children and Families through Norms Change and Programs
• Create the Context for Healthy Children and Families through Policies

http://www.cdc.gov/violenceprevention/childmaltreatment/essentials.html
CDC Funding 5 State Health Departments

- California
- Colorado
- Massachusetts
- North Carolina
- Washington

31 Self Supported States - participating in initiative in some way

- Training/technical assistance and meetings also available to self supported states
GOAL 1: RAISE AWARENESS AND COMMITMENT
Raising explores how a strong start for all our kids can lead to a healthier, stronger, and more equitable America.
GOAL 2: USE DATA TO INFORM PREVENTION ACTION
39+ States Have Included the ACE Module on Their BRFSS
GOALS 3 & 4: CREATE THE CONTEXT FOR HEALTHY CHILDREN AND FAMILIES THROUGH NORMS CHANGE, PROGRAMS, & POLICIES
Select group of strategies with a focus on PREVENTING child abuse & neglect from happening in the first place as well as approaches to LESSEN the immediate and long-term harms of child abuse & neglect.

Technical Package Development

- Review of literature
- Written draft
- Identification of strategies & approaches
- Review by partners
- Editing and formatting of final product

Preventing Child Abuse and Neglect:
A Technical Package for Policy, Norm, and Programmatic Activities
Preventing early adversity requires understanding why some children and families are at greater risk than others.
Prioritize Environmental Change

The Health Impact Pyramid

Socioeconomic Factors

Changing the Context to make individuals’ default decisions healthy

Long-lasting Protective Interventions

Clinical Interventions

Counseling & Education

Increasing Individual Effort Needed

Increasing Population Impact

5 Strategies to Prevent Child Abuse & Neglect

- Change social norms to support parents and positive parenting
- Enhance parenting skills to promote healthy child development
- Strengthen economic supports for families
- Provide quality care and education early in life
- Intervene to lessen harms and prevent future risk
Evidence-Based Policy

• Policy development is a core function of public health
  - Conducting rigorous analyses to identify and report on strategies and policies that can protect health and prevent disease
  - Educating the public and stakeholders about these strategies
  - Implementing effective strategies and policies to maximize impact

• Policy development and education are not lobbying
  - Federal law prohibits the use of federal funds to lobby at the federal, state or local level

• Public Health’s greatest achievements originated through policy efforts that maximize impact
Strengthen Economic Supports to Families

- Strengthen household financial security
  - Child support payments
  - Tax credits
  - State nutrition assistance programs
  - Assisted housing mobility
  - Subsidized child care
Strengthen Economic Supports to Families

- Family friendly work policies
  - Livable wages
  - Paid leave
  - Flexible and consistent schedules
Early Adversity Prevention is Strategic

Developing New Partnerships and Working Across Sectors

Including:
Public Health, Government, Health Care Services, Social Services, Education, Businesses, Justice, Housing, Non-Governmental Organizations, Foundations, Media
“One of the most powerful ways to change the world is to make it better for kids.”

-Jack Shonkoff
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Visit CDC’s National Center for Injury Prevention and Control web site: www.cdc.gov/ncipc

Visit the Division of Violence Prevention’s ACE web site: www.cdc.gov/violenceprevention/acestudy

Visit our ACE Online Resources: vetoviolence.cdc.gov/apps/phl/images/ACE_Accessible.pdf vetoviolence.cdc.gov/apps/aces/

For more information, contact CDC 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.